

PE10 L Cougar Canyon Lesson Plan

Presentation Date:

Names:
Chosen Sport:
Equipment Needed: _____ _____ _____ _____
Lesson Objectives: 1. 2. 3.
Warm Up:

Skill #1: _____ Teaching Points 1. 2. 3.
Drill/Game #1
Skill #2: _____ Teaching Points 1. 2. 3.

Drill/Game #2
End Game/Activity

Notes:
